



FOR PARENTS

OF PRESCHOOL-AGED KIDS

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Hey, parents! Here's a look at what we're covering with your kids this month so you can help your kids continue growing at home during the week. If you aren't comfortable joining us on Sunday mornings yet, the following pages will give some activities and discussion questions to help you

GROW AT HOME THIS MONTH

WEEK 1 – January 3

This week, kids follow the story of **why Jesus came to the world.**

- **THE BIBLE:** John 1:1-18, Ephesians 1:3-14
- **THE BIG IDEA:** We can know God through Jesus.

WEEK 2 – January 10

This week, kids follow the story of **Jesus being baptized by John the Baptist.**

- **THE BIBLE:** Mark 1:4-11; Acts 19:1-7
- **THE BIG IDEA:** We know forgiveness because of Jesus.

WEEK 3 – January 17

This week, kids follow the story of **Jesus calling Philip and Nathanael to be his disciples.**

- **THE BIBLE:** John 1:43-51, Psalm 139:1-6, 13-18
- **THE BIG IDEA:** Jesus knows us.

WEEK 4 – January 24

This week, kids follow the story of **Jesus calling Andrew and Peter to be his disciples.**

- **THE BIBLE:** Mark 1:14-20; Luke 5:1-11; 1 Corinthians 7:29-31
- **THE BIG IDEA:** Jesus wants us to follow him.

WEEK 5 – January 31

This week, kids follow the story of **Jesus helping a suffering man, who was tormented by an evil spirit.**

- **THE BIBLE:** Mark 1:21-28; Psalm 111
- **THE BIG IDEA:** The message of Jesus is powerful.

MEMORY VERSE OF THE MONTH: John 14:6 (NLT)

Jesus answered, "I am the way and the truth and the life.
No one comes to the Father except through me."

SUBSCRIBE NOW – (PRESCHOOL)

WEEK 1 – January 3

This week, kids follow the story of *why Jesus came to the world*.

- **THE BIG IDEA:** We can know God through Jesus.
- **THE BIBLE:** Jesus Comes to the World: John 1:1-18
- **MEMORY VERSE:** John 14:6a NLT - Jesus told them “I am the way, the truth, and the life. No one can come to the father except through me.”

MUSIC | YouTube Praise

- **INSTRUCTIONS:** For a fun, interactive time of worship, play songs like “[J.E.S.U.S.](#)” by Cool Worship Kids and sing and dance along. For a [YouTube playlist](#) of kids worship music, go to [myfcc.life/kids](#).

ACTIVITY | I Spy Emoji

- Did you know that every day there are more than 18 million people who are searching online for God?
- **INSTRUCTIONS:** Play this [video](#) and tell the kids to raise their hand and say, “I spy!” when they find the hidden emoji. If you are unable to click on the link, search on YouTube for “I spy picture riddles emoji challenge.”
- Just like we’ve been searching the video, people in the world are searching everywhere for God! Let’s find out how we can know God!

SCRIPTURE | John 1:1-18

TEACHING TIME

- **INSTRUCTIONS:** Invite family members to help you act out the story. One person plays John the Baptist, two people play the people of Israel, and one plays Jesus. As you are telling the story, ask the kids to act out what you are saying. Use props for fun. Read scripture together.
 - **TODDLER HACK:** Use puppets or felt illustrations to tell this story to the younger kids. While the kids are listening to and watching the retelling of this story, skip the questions and stick to the script to tell the short story.
- **Have you ever had to wait for a really long time for something you wanted?**
- For a long time, the people of Israel were waiting for someone to come save them. They knew that one day God would come and save them from all the bad stuff that was happening to them. They did not want to miss it!
- **Have you ever looked for something all over and couldn’t find it, only for it to be right in front of you the whole time?**
- Sometimes, it is hard to see God. Even with all of the clues God gave Israel, the people didn’t recognize Jesus when Jesus came.
- John the Baptist was very popular man at that time. Many thought John the Baptist was who they were waiting for! But John the Baptist told them he was not their Savior, but that God was coming soon!
- **Now, imagine what you would do if your favorite icon/character came to meet you personally.**
- When John the Baptist met Jesus, he told all the Israelites that Jesus was the one, true God!
- Share the big idea... When sharing the Big Idea, use these hand motions: **We** (Outstretch hands in a sweeping motion) **can know god** (Point to head and then point to the sky) **through Jesus** (using both arms, form a cross).

● Thanks for subscribing to this week's Big Idea!

● **We can know God through Jesus.**

● **Ask these questions:**

- Whom did John tell people about?
- Who is God's Son?
- How can we know God?
- Who can help us know more about God?
- Who did John tell people about?
- How can we tell people about God?

MEMORY VERSE | John 14:6a (NLT) – Jesus told them "I am the way, the truth, and the life. No one can come to the father except through me."

● **INSTRUCTIONS:** *Read John 14:6a out loud to the kids. Ask the kids to repeat the verse after you. Then, tell them to shout the verse with you. Next, tell them to whisper the verse quietly. Try other silly voices like squeaky voice, etc.*

PRAYER | Dear God, thank you for giving us a way to get to know you through Jesus. Help us to remember you have always been with us, from the beginning of creation to now. Amen.

SUBSCRIBE NOW – (PRESCHOOL) WEEK 2 – January 10

This week, kids follow the story of Jesus being baptized by John the Baptist.

● **THE BIG IDEA:** We know forgiveness because of Jesus

● **THE BIBLE:** Jesus is Baptized: Mark 1:4-11

MUSIC | YouTube Praise

● **INSTRUCTIONS:** For your worship time, play songs like "[Lord I Lift Your Name on High](#)," and invite the kids to sing and dance along. For a [YouTube playlist](#) of kids worship music, go to [myfcc.life/kids](#).

ACTIVITY | Snap Jack!

● How about a game that uses snapping?

● **INSTRUCTIONS:** Distribute a deck of cards face down as evenly as possible among the players. Each player quickly places the top card from their stack onto the middle of the table, face up. Players continue to play cards, and when a Jack is placed on the stack, the first player to snap or clap wins the pile. If the game is taking too long, you can set a time limit and count cards to determine a winner when the time expires. The person with the most cards wins.

- **TODDLER HACK:** Include one adult to help the younger kids play this game. When a kid sees a Jack placed on the stack, instruct the kids to stand and spin around instead of clap or snap to "win." Play the game until there are no more cards left in the deck.

● You had to think and act very fast for this game, didn't you?

● Did you know God forgives you very fast too? When you know what you're doing is not right, you can pray to God and ask God to forgive you, then . . . snap! God forgives you!

SCRIPTURE | Mark 1:4 - 11

TEACHING TIME

● **INSTRUCTIONS:** Have 2 family members come up and help act out the story. One kid plays John the Baptist and the other plays Jesus. As you are telling the story, tell the kids to act out what you are saying. Use props for fun. Read the scripture.

- **TODDLER HACK:** Use puppets or felt illustrations to tell this story to the younger kids. While the kids are listening to and watching the retelling of this story, skip the questions and stick to the script to tell the short story.

● In our Bible story, John the Baptist finally meets Jesus!

● John the Baptist baptized people with water and taught about forgiveness. But the people kept making poor choices.

● **Have you ever tried your best to do something, but for some reason, you just could not make a good choice? Have you ever hurt someone even though you didn't mean to?**

● John the Baptist knew that no one was perfect. The people in the Bible story needed someone to save them and forgive them when they made poor choices, and so do we! And that person is Jesus!

● **Show me on your face how you would feel if you met Jesus.**

- When John the Baptist met and baptized Jesus, the sky opened up and God spoke and said “You are my Son, whom I love; with you I am well pleased.”
- **Show me on your face how you would feel if you saw the sky open and heard God speak.**
- When that happened, the people knew that Jesus had come to save everyone. John was excited to tell people about Jesus.
- Share the Big Idea using these motions: *We* (Outstretch hands in a sweeping motion) **can know** (Point to head) *forgiveness* (Rub your hands together) **through Jesus** (Using both arms, form a cross).
- Thanks for subscribing to this week’s Big Idea!
- **We can know forgiveness through Jesus.**

ACTIVITY | Washed Away

- We all make mistakes and sometimes, our mistakes can be hurtful to a friend or family members.
- Today, we will practice saying good things to each other.
- **INSTRUCTIONS:** Take turns putting paint or ink on your hand and stamp it onto the paper. Then, have a family member wash off the paint with a washcloth.
- As your family member washes off your hand, say one good thing about them.
- Just like the paint is being washed off, Jesus washes away our sins. **We can know forgiveness through Jesus.**

MEMORY VERSE | John 14:6a (NLT) – *Jesus told them “I am the way, the truth, and the life. No one can come to the father except through me.”*

- **INSTRUCTIONS:** the memory verse together. See if you can each say one word of the verse and keep going back and forth until the end of the verse.

PRAYER | Dear God, thank you so much for sending Jesus to forgive our sins. Help us to forgive other people just like you forgive us. Amen.

SUBSCRIBE NOW – (PRESCHOOL) WEEK 3 – January 17

This week, kids follow the story of *Jesus calling Philip and Nathanael* to be his disciples.

- **THE BIG IDEA:** *Jesus knows us.*
- **THE BIBLE:** *Jesus calls Philip and Nathanael: John 1:43-51*

MUSIC | YouTube Praise

- **INSTRUCTIONS:** *For a fun, interactive time of worship, play songs and sing and dance along. For a [YouTube playlist](#) of kids worship music, go to myfcc.life/kids.*

SCRIPTURE | John 1:43-51

TEACHING TIME

- **INSTRUCTIONS:** *Invite the kids to help you act out the story. One kid plays Philip, one kid plays Nathanael, and the final kid plays Jesus. As you are telling the story, ask the kids to act out what you are saying. Use props for more fun.*
 - **TODDLER HACK:** *Use puppets or felt illustrations to tell this story to the younger kids. While kids are listening to and watching the retelling of this story, skip the questions and stick to the script to tell the short story.*
- While Jesus was about to leave town, Philip, a follower of Jesus, was so excited about Jesus that he told one of his friends, Nathanael, all about Jesus.
- Philip told Nathanael that Jesus was the Savior they had been waiting for. And even though Nathanael was nervous, he decided to go meet Jesus for himself.
- **Do you think Philip was a good friend for inviting Nathanael?**
- Before Nathanael even said a word, Jesus started talking and said things about Nathanael that only Nathanael would know. **How do you think Nathanael felt when Jesus did that?**
- **What would you do if someone you didn't know could tell you things about yourself?**
- Shocked and amazed, Nathanael knew the only way Jesus was able to do this was because Jesus was the Savior they had all been waiting for.
- Share the Big Idea using these motions: *Jesus* (Using both arms, form a cross) *knows* (Point to head) *us* (Outstretch hands in a sweeping motion).
- Thanks for subscribing to this week's Big Idea! **Jesus knows us.**

ACTIVITY | God Knows Me Mirror

- *God knew us before we were even born! God knew that the world would be better with us in it!*
- **INSTRUCTIONS:** *Get a hand mirror or go into a room that has a mirror. Have kids look in the mirror. Write on the mirror... "Jesus knows me!"*
- When you look in the mirror, you can use it as a reminder that God loves us and that **Jesus knows us.**
- When you look into the mirror, what do you see?
- What are some things that Jesus knows about you?
- Do you know what you look like even without the mirror?
- What do you think God thinks of you?

MEMORY VERSE | John 14:6a (NLT) – Jesus told them “I am the way, the truth, and the life. No one can come to the father except through me.”

- **INSTRUCTIONS:** *Cut a strip of construction paper. Measure how much you would need for a bracelet. Write the memory verse on the paper. Have kids decorate around the words. Have them wear their bracelet and practice saying the memory verse.*

PRAYER | Dear God, thank You for knowing me. Thank you for having a plan for me and for being the best kind of friend I could ever have. Please show me how I can be a good friend to others. Amen.

SUBSCRIBE NOW – (PRESCHOOL) WEEK 4 – January 24

This week, kids follow the story of *Jesus calling Andrew and Peter to be his disciples.*

- **THE BIG IDEA:** *Jesus wants us to follow him.*
- **THE BIBLE:** *Jesus Calls Andrew and Peter. Mark 1:14-20; Luke 5:1-11*

MUSIC | YouTube Praise

- **INSTRUCTIONS:** *For a fun, interactive time of worship, play songs and sing and dance along. For a [YouTube playlist](#) of kids worship music, go to myfcc.life/kids.*

SCRIPTURE | Mark 1:14-20; Luke 5:1-11

TEACHING TIME

- **INSTRUCTIONS:** *Have family members help you act out the story. One kid plays Simon Peter and the other plays Jesus. As you are telling the story, ask the kids to act out what you are saying. Use props for fun.*
 - **TODDLER HACK:** *Use puppets or felt illustrations to tell this story to the younger kids. While the kids are listening to and watching the retelling of this story, skip the questions and stick to the script to tell the short story.*
- When God told Simon Peter to “Follow me,” Simon Peter’s whole life changed!
- Simon Peter was a fisherman, and fishing was a good job because it gave him money and food. But that day, Simon Peter wasn’t catching any fish.
- Jesus got onto Simon Peter’s boat and told Simon Peter to head out to deeper water and put the nets in the water there.
- **How would you feel if someone came and asked you to try again when you knew it wouldn’t work?**
- Simon Peter told Jesus he already tried that, but he would try again. And when he did, a miracle happened!
- The fishermen on Simon Peter’s boat and Simon Peter caught so many fish that they had to ask for help from another boat. The nets got so heavy, they began to break, and both boats started to sink!
- Simon Peter knew this was impossible! Only someone who controls the seas can make something like this happen! **Who could that be?** That’s right! God!
- **What would you do if you saw a miracle happen with your own eyes? Do you think you would drop everything and follow the person who performed the miracle?**
- That is exactly what Simon Peter did. He knew this was someone very special he had to follow. So, when Jesus said, “Come, follow me. I will make you fishers of men,” Simon Peter dropped everything and followed Jesus. And guess what? Jesus wants *us* to follow, too!
- Share the Big Idea using these motions: *Jesus* (Using both arms, form a cross) *wants* (Fold hands together tightly) *us* (Outstretch hands in a sweeping motion) *to follow* (Walk in place) *him* (Point upwards with index fingers).
- Thank you for subscribing to this week’s Big Idea!
- **Jesus wants us to follow him.**

ACTIVITY | Sink or Float?

- **INSTRUCTIONS:** Get a clear bucket or bin filled with water and the following items: a coin, a stick, a plastic spoon, a marble, a can of Coke, a can of Diet Coke, and any other items you'd like. Ask the kids to sit down if they think the item will sink or stand up if they think it will float. Test it in the water to find out!
- Do you think these items will sink or float? If you think the item will sink or float? If you think it will float, stand up. If you think it will sink, sit down.
- Now, let's test out each of the items to see which sinks or floats! **Why do you think some objects float while other objects sink?**
- **What do you think Simon Peter was thinking when his boat began to sink because the fish were too heavy?**
- Just think, Simon Peter was on a boat with Jesus when Jesus invited him to stop what he was doing and become "fishers of men." Floating on a boat with Jesus must have been pretty special! **Jesus wants us to follow** too, just like Simon Peter did!

MEMORY VERSE | John 14:6a (NLT) – *Jesus told them "I am the way, the truth, and the life. No one can come to the father except through me."*

- **INSTRUCTIONS:** Practice the memory verse by playing follow the leader. Have one family member say the verse (add actions if they want!) and then the rest of the family follow. Try finding silly ways to say the verse.

PRAYER | Dear God, thank you so much for asking us to follow you. Help us follow you even if it means we need to give up something we want or like to do to spend more time with you. We know that following you is worth it! Amen.

SUBSCRIBE NOW – (PRESCHOOL) WEEK 5 – January 31

This week, kids follow the story of *Jesus helping a suffering man*, who was tormented by an evil spirit.

- **THE BIG IDEA:** *The message of Jesus is powerful.*
- **THE BIBLE:** *Jesus Removes an Evil Spirit: Mark 1:21-28*

MUSIC | YouTube Praise

- **INSTRUCTIONS:** *For a fun, interactive time of worship, play songs and sing and dance along. For a [YouTube playlist](#) of kids worship music, go to myfcc.life/kids.*

ACTIVITY | Color Milk Explosion

- **INSTRUCTIONS:** *Pour milk into a dish. Let it settle for a moment. Scatter some drops of food coloring into the milk. Use a Q-tip or a pipette to add a drop of dish soap to the center of the dish and watch what happens.*
- Sometimes, we don't know what something or someone is able to do until we try out different things.
- Today's story is going to tell us about something Jesus was able to do that a lot of people didn't know about.

SCRIPTURE | Mark 1:21-28

TEACHING TIME

- **INSTRUCTIONS:** *Have family members help you act out the story. One person plays the disruptive man, and the other person plays Jesus. Use props for fun.*
- Today's Bible story tells us that Jesus was not like any other teacher in the whole world. Jesus was very wise, but he also had the power to heal people and other amazing things.
- One day, Jesus was teaching to a group of people when a man came to where they were and started making a whole bunch of noise and chaos. He started yelling things at Jesus and making quite a scene!
 - **Everyone, stomp your feet and shout as loudly as you can!** *That was a big ruckus you all made!*
 - *Have you ever been watching a show and then a sibling, pet, or another person made loud noises or got in your way and distracted you?*
- Sometimes people disrupt you but don't mean to. What happened to Jesus was a little different. The man who interrupted Jesus was bothered by an evil spirit who didn't like Jesus. It was hurting the man really bad and making him loud and really mean. So, Jesus shouted to the evil spirit, "Be quiet! Come out of him!"
- The man began to shake, and then he stopped suddenly. The evil spirit that was bothering him on the inside went away! The man was healed and happy!
- Everyone who was there said "Wow!" They could not believe Jesus had the power to do that.
- After that, more people knew about Jesus because everyone was talking about how powerful he was.
- Share the Big Idea using these motions: *The message (Cup your hands to your mouth) of Jesus (Using both arms, form a cross) is powerful (Make fists and flex both arms).*
- Thanks for subscribing to this week's Big Idea!
- **The message of Jesus is powerful.**

MEMORY VERSE | John 14:6a (NLT) – Jesus told them “I am the way, the truth, and the life. No one can come to the father except through me.”

- **INSTRUCTIONS:** *Practice saying the memory verse. Try to say it without any help. Celebrate with your child when they can say the memory verse.*

PRAYER | Dear God, thank you for giving us a powerful message. I pray that your powerful message will travel to the people I know and love and to everywhere on Earth, so that everyone will know how much you love them. Amen.